

**Children Looked After Team**

Westmead Clinic

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**Summary**

The team continues to review existing processes to ensure that they are as streamlined as possible. The team continues to work in close partnership with both the Local Authority and the CCG. We continue to involve our children looked after and young people by obtaining their views about their health assessments. (See Appendix 1)

**Targets**

The team are meeting targets set within the agreed service specification during set up of the service. All targets were met and exceeded from health during March and April

Month	Target For IHA's 98%	Target for RHA's 98%
March	100%	100%
April	100%	100%

**Local Authority**

The team continues to spend 1 day per week in the Local Authority based within social care. Weekly meetings are held with team managers to monitor health assessments. The specialist nurse for CLA is available for social workers who want to discuss individual cases. A monthly report is sent to the Head of service Corporate Parenting and to the Head of service Quality Assurance and Service Improvements.

**Staffing**

Designated Nurse, Specialist Nurse for CLA and Designated Doctor (Hillingdon) continue to provide training and support to our new GPwSI. The Designated Doctor and Medical Advisor for Hillingdon continues to cover the Designated Doctor and Medical Advisor role for Harrow.

**CCG**

Monthly monitoring meetings continue with the CCG and monthly reports are produced.

**Work Undertaken**

Designated Nurse and Medical Advisor for Hillingdon contributed to fostering panel. (April)

Monthly meetings and liaison with YOT.

Monthly meetings and liaison with sexual health nurses.

Specialist Nurse for CLA met with CSE coordinator.

Meeting with Safeguarding Nurse lead for CLCH, Designated Nurse for Safeguarding, and School Nurse team leader.

Monthly meetings with Morning Lane (Tier 2 service).

Support to social workers on a weekly basis both face to face and via telephone.

Designated Nurse and Specialist Nurse for CLA presented at UASC/Leaving Care and CLA away day for social workers.

Health team provided training for foster carers on drug withdrawal in babies – this was as a result of asking our foster carers what extra health training we could provide for them. The feedback was very positive. (10 carers and 3 babies attended).

Designated Nurse and Specialist Nurse attended 'Beyond Limits' group to discuss health passports. 3 children present. Plan to ask all children their views after their health assessment. We also met the children's participation officer, local councillors, compass and an IT specialist.

Designated Nurse attended 'Future In Mind' workshop and raised CLA as a priority in the redesign of mental health services in Harrow.

Service level agreement monitoring process agreed with the CCG (Designated Nurse for Safeguarding).

Specialist Nurse for CLA attended LADO meeting.

Specialist Nurse for CLA attended strategy meetings.

Professionals meeting cancelled – liaison with social worker.

Specialist Nurse for CLA continues to attend MASE meetings.

Our team recently received the published report from our internal CNWL peer review. It was very positive and our team were praised in our Borough Director's weekly news article.

## **Health Promotion**

During every health assessment with children and young people health promotion is discussed. This includes physical health, emotional well-being, diet, exercise, safety, immunisations, dental care, sexual health, hygiene etc.

Continual liaison with GP's to obtain immunisation history for our CLA both in and out of the borough.

Liaison with GP to follow up medical conditions.

Continual liaison with school nurses and health visitors.

Telephone follow up to carers/key workers.

Specialist Nurse for CLA attended monthly drop in at Gayton. The main areas discussed were dental hygiene and healthy eating.

Handy Hints leaflet now being given to our CLA.

The TB leaflets and posters have been printed and have been distributed to every GP practice, school and college in Harrow as well as to the TB nursing team. One GP practice has requested more copies. Completion of TB grant report.

Our team have identified 58 CLA who are not up to date with their immunisations and have sent letters to their carer's to encourage them to book an appointment with their GP.

## **Innovative Practice**

We recently developed and trialled a crib sheet for interpreters (see appendix 4) so that they understand the areas to be covered during the child/young person's health assessment. This has been used with success and feedback from the interpreters has been positive. 'I think the crib like sheet is very helpful for interpreter. Very useful' (Interpreter)

## **Future Plans**

We are working with the Local Authority to create a time line for health passports for care leavers.

Client satisfaction audit currently in progress.

We continue to gather health information about our Harrow CLA population.  
(See appendix 2 and 3)

Plan to ask every CLA their views regarding a health passport. To date the children and young people are stating that they would like an electronic record which they can access that could also be printed out as a paper copy.

Our team has been invited to the care leaver's forum in June to present and we will take this opportunity to capture the voice of our children with regards to health passports.

We are planning a one year celebration with Harrow Council and the CCG to celebrate our partnership working on 16<sup>th</sup> June from 3-5pm at the civic centre.

Report by Emma Hedley – Designated Nurse For Children Looked After Harrow, CNWL.  
23<sup>rd</sup> May 2016

## **Appendix 1**

### **Comments from UASC, CLA, Care Leavers, Social Worker, Birth Parents, Interpreter and Carers.**

It went great, the lady was a good listener and supportive. (17 male)

It was great, makes me understand a lot of things that I didn't know.

It was really good and useful to know how is my health feeling. Also I knew how was my height and weight last year and how I increase my height and weight. So I am grateful to check what's going on. (UASC)

Thought everything was explained well and covered everything. (17)

Went very well. Very helpful information. (Carer)

The health visitor was very friendly, nice and I would like to say very good (Carer)

Great and feels good to be checked out every so often to make sure that everything goes well. Really enjoyed the lady coming. (12 male)

Thought it was good having it done at home rather than at school. (Carer)

I really enjoyed it and the lady is kind and it taught me how to keep healthy and I can stay fit. I prefer her coming to the house than the school. (10 female)

XX appears to have grasped basic language skills and his attention span improved. I feel that he has participated well in his health assessment. Actions highlighted will be followed and feedback given to XX. (Social Worker)

I was feeling very useful (16 UASC)

The health assessment was very helpful for me.

The health assessment gave me information I wanted and help me control my eating habits.

He said that he is really happy with everything. He would like to thank you for everything you have done to help and is really appreciative (Interpreter and 17 male UASC)

The assessment was very good. (Birth Parents)

## Appendix 2

Where it is written 'out of' this is because some children are too young to register with a dentist/optician.

Up to date immunisations – consider unaccompanied asylum seeking children, out of borough children, parental refusal, and incomplete records.

All children referred to GP to complete outstanding immunisations.

Liaison with GP's for all children with incomplete immunisation history.

All children in process of booking dental and optician checks.

March 2016	IHA (3)		RHA (11)	
Registered with a GP	1	33%	11	100%
Registered with a dentist	2	67%	10 out of 10	100%
Up to date dental check	1	33%	10 out of 10	100%
Registered with optician	1	33%	10 out of 10	100%
Up to date eye test	0	0%	6 out of 9	67%
Up to date immunisations	0	0%	6	55%

2 children not fully immunised due to newly arriving in the country (UASC)

1 IHA completed out of borough.

1 child scared of dentist, has been to sit in dentist waiting room and progress being made to work towards dentist examining child.

2 children not up to date with dental checks are placed out of borough.

April 2016	IHA (19)		RHA (12)	
Registered with a GP	14 out of 16	88%	12 out of 12	100%
Registered with a dentist	11 out of 14	79%	9 out of 9	100%
Up to date dental check	9 out of 14	64%	8 out of 9	88.9%
Registered with optician	8 out of 13	67%	9 out of 9	100%
Up to date eye test	8 out of 13	62%	8 out of 9	88.9%
Up to date immunisations	5 out of 16	31%	7 out of 12	58%

1 child not fully immunised due to newly arriving in the country (UASC)

4 out of borough children – health assessments completed but awaiting paperwork for 3.

3 sibling groups – in care due to neglect.

1 baby under ophthalmology – has had an eye test.

2 RHA's completed out of borough –no documented immunisation history.

## **Appendix 3**

### **Health Needs – March**

Immunisations, vitamin deficiency, FGM, braces (2), glasses/ contact lenses (4), increase tooth brushing (3), fillings (2), fluoride to molars, swollen gums, overweight (3), undescended testes (2), cough, sensitive skin, tantrums (2), eye, increased thirst, increased sweating, aggression, behaviour, attachment, anger (2), anxious, bullying, being bullied (2), nightmares, dust/wool allergy, seafood allergy, acne, knee pain, cse, previous substance use, adhd, hygiene, increase in passing urine, hearing due to loud noises/war, activities,

- 1 child has a mentor.
- 1 child receiving play therapy.
- 1 child discharged from audiology.
- 1 child seeing a counsellor.
- 1 child has a statement.
- 1 child had braces removed.
- 1 child known to Chelsea and Westminster Hospital for undescended testes.
- 1 child known to Northwick Park Hospital for vitamin deficiency.
- 2 children known to morning lane.
- 4 UASC.
- 1 child in therapeutic educational and emotional support placement.
- 1 young person remanded.
- 1 young person under yot.
- 1 young person undergoing substance use assessment.

### **April**

Immunisations, epilepsy, gastrostomy, pressure sore area (2), lump on testicle, allergy to plasters, complex needs – autosomal disorder (2), global developmental delay (2), braces (2), too many teeth, tooth decay (2), fillings (3), increase tooth brushing (4), broken tooth, removal of teeth, glasses/contact lenses (9), squint, fungal infection of scalp, speech, vitamin/vitamin D (4), tiredness, bedwetting (2), blurred vision, egg allergy, snoring (2), autism, ear wax, asthma, sleep, over weight (7), HIV testing, FGM, UTI, headaches, arm injury, leg injury, back pain, fainting, substance use – marijuana, weed (2), cannabis (2), tobacco (2), acid,

UASC (7)

- 1 young person agreed to referral to drug/alcohol support team.
- 1 young person has stopped smoking.
- 1 child under the dietician.
- 1 child under the neurologist.
- 2 children receive hydrotherapy.
- 1 child received physiotherapy.
- 1 young person known to sexual health.
- 1 young person known to Morning Lane.
- 3 children known to paediatrician.
- 1 child under ophthalmology.
- 1 child under enuresis clinic.
- 3 young people under YOT.
- 1 child under SALT.

1 child discharged from CMAHS.  
1 child discharged from ENT.  
1 child under Northwick Park Hospital. - Teeth  
1 child awaiting referral to Great Ormond Street. – Autism and behaviour  
1 young person previous gang member.  
1 young person previous young carer.

### **Referrals - March**

Referrals have been made to the GP to follow up health issues identified during health assessments; this has included immunisations, undescended testes, concerns regarding easily bruising, heart murmur, clubbing of fingers, ear wax,

Referrals have been made to the CLA nurse, red cross (2), social worker, morning lane, camhs, optician (2), immunisation team out of borough (2), sexual health, TB screening (2), smoking cessation, sre, counselling,

### **Referrals – April**

Referrals have been made to the GP to follow up health issues identified during health assessments; this has included Snoring, umbilical hernia, immunisations (8), audiology (2), allergy testing, oral thrush, cardiac murmur, skin, blood tests, asthma review, generalised aches and pains.

Referrals have been made to the CLA nurse, School Nurse, Health Visitor (2) – weight, sleep, diet, and development. Dentist (5) including 1 dental phobic child, TB screening (3), Optician (5), Sexual Health Nurse (2), Smoking/drug/alcohol team, Morning Lane (7) – attachment, attention seeking behaviour, self-harm, anger, obsessive compulsive traits, cognitive assessment, poor concentration, behaviour. Liaison with CAMHS.

Health Visitor referred to paediatrician in the child development team after discussion with the Designated Nurse.

Re-referral to audiology after liaison with GP and carer.

## **Appendix 4**

Looked after Children Health Team

### **Interpreter Guide to Health Assessments**

We will be asking you to interpret for us while we complete a holistic health assessment which will deal with physical, emotional, social and sexual aspects for the child or young person.

Subjects we will discuss will include:-

1. Confidentiality / Consent
2. Family History
3. Current health, medications and allergies  
(To include dental, optical, hearing and immunisations)
4. Independence skills / hobbies / interests
5. Social networking / safety issues / sexual exploitation / radicalisation / emergency numbers  
substance / alcohol / smoking
6. Gender, relationships, puberty, sexual health, breast / testicle checks, signposting to clinics
7. Immunisation status
8. Height / weight
9. Diet
10. Female Genital mutilation
11. Travel to UK
12. Abuse/Sexual assault during travel to UK

We appreciate your help.  
Thank you